

### **SENIOR NIGHT 2018** CELEBRATING THE GRADUATING CLASS OF 2019



## MIRAMONTE MATADORS VS CAMPOLINDO COUGARS

FRIDAY, OCTOBER 26, 2018 7:00PM

## Today's good sport is tomorrow's good citizen.

At Mechanics Bank, we believe that the lessons of sports - discipline, teamwork and respect for others not only makes better kids today, but better adults, better citizens and better communities tomorrow. And that's why we're a proud supporter of the Miramonte High School Matadors.

## **GO MATADORS!**



Where Relationships Matter







#### ASSISTANT COACHES

**Prince Smalls** Defensive Coordinator

Will Gaines WR/DB Coach

Joel Clark OL Coach

**Sekai Greer** DL Coach

Vince Dell'Aquila OL Coach

**Billy Ellis** RB Coach

**Isaac Savaiinaea** LB Coach

**Joe Wingert** QB Coach

#### PRESS BOOTH/ GROUND CREW

Michael Forkas Scott Butler Kevin Barry Bob Jungbluth John Turney Al Donner Hot Shots Video Productions

### **COACH'S CORNER**



#### FROM COACH SCHRAM

Beginning my eighth year as Head Football Coach at Miramonte High School, I want to thank the Orinda community and all of the great people for their tremendous support needed to keep our program growing and make high school athletics a special time for the student-athletes involved. I'm well aware of the tradi-

tion and high standards that have been set by those before me. In my twelve years as both an assistant coach and Head Coach at Miramonte we have won two NCS Championships and have ten NCS playoff appearances. The entire coaching staff and every player is looking forward to the 2018 season and seeking the 2018 NCS Division III Championship.

#### ACKNOWLEDGMENTS

As a costly sports program that receives limited district funding, Miramonte Football would not exist without the tireless organizing and fundraising efforts of parent volunteers, to whom we extend our deepest appreciation. We also would like to recognize our major program advertisers for their support, and extend a special thanks to Clark Thompson-Village Associates Realtor, Shannon Conner-Village Associates Realtor, The Beaubelle Group, Clay, Millias & Co LLP, Pennini's, Village Associates, Dr. Amin Samadian, DDS, UCSF Benioff Children's Hospital and Mechanics Bank for their generous donations to the football program.



## **GRADUATING SENIORS**



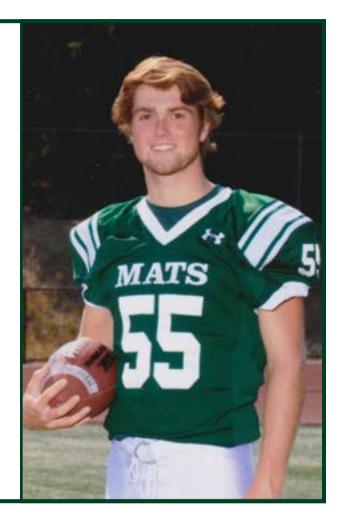
Back row: #18 Michael Swinton, #19 Charlie Hawkins, #20 Keilan Stone, #50 Zach Barker, #85 Ethan Fishlow, #55 Justin Alvarado, #10 Ben Schmiedt, #51 Jack Dakis, #64 Eric Heilmann, #58 Henry Conner Front row: #33 Guy Barrons, #30 Scott Linney, #2 Charlie Mollahan, #7 Tyler Lowe, #1 Noah Nushi, #79 Shane Hardenbrook, #24 Henry Vacakis

## 55 JUSTIN ALVARADO



Justin's love for football began as a toddler. He couldn't wait to play MOL. Each year Justin would ask if he could play tackle football and the answer was always the same, "Wait until high school." In Middle School Justin played for the Bulldogs. When freshman football came along, #55 was all in. He loved the camaraderie with the older players, as well as his

teammates. Justin played freshman and sophomore years and has huge regrets about committing to the Cross Country team his junior year. Vowing not to make a bad decision twice, Justin was back on the gridiron for his senior year. He was honored to be selected as a team Captain and does his best to lead on and off the field. Justin has loved every minute of Mats football and has a great group of friends along with fun memories to carry with him always.





## 50 ZACH BARKER CAPTAIN, OL/DL

Zachary was born on Super Bowl Sunday 2001 and weighed a whopping 10 ½ pounds so it seemed like his destiny to play football. Ironically, he attended a football camp in first grade and came home saying he never wanted to play again. As the saying "never say never" goes, Zach now lives, breathes, and dreams football. Game talk, HUDL films, and stinky uniforms fill the house and we



can't imagine not watching the MATS play under Friday night lights. This is Zachary's fourth year playing football at Miramonte and he also plays rugby for Lamorinda. Zachary plays offensive tackle, defensive tackle and defensive end. He LOVES the game and will never forget his Miramonte memories and friendships. Zach was honored to be selected as one of the team captains this year and will miss his time with his teammates on and off the field. GO MATS!

## **33** GUY BARRONS RB/DB



Guy has played football all four years at Miramonte. Over the years he has played wide receiver, corner back, linebacker and his favorite - running back. The years have brought many memorable moments, none more so than the comeback against El Cerrito in junior year. His favorite year though has been senior season when all the hard work has paid off on the

field. Guy would like to thank the coaches for their devotion, time, and effort they put into the program. Guy is thankful for all that Miramonte football has taught him and will miss the camaraderie and playing with his teammates





## $51 \text{ Jack dakis} \\ \text{ol/lb}$

Like most boys in the community, Jack grew up a multi-sport athlete, excelling in baseball, rugby, big-mountain skiing and football. Jack's favorite sport is football having played MOL, Pop Warner and three years as a Matador. After playing mostly LB & WR, Jack did not miss a beat when coaches asked him to help the team this season by moving to the O-Line.



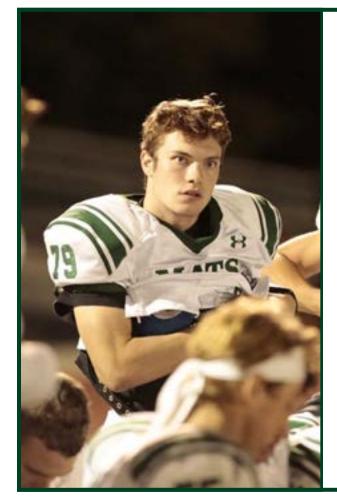
Jack enjoys battling in the trenches and said the most important thing to him about Mats football are his teammates.

## **85** ETHAN FISHLOW WR/DE



Ethan has loved football since he was a toddler watching the Oakland Raiders with his dad. He has played flag football since third grade. He played freshman football and then decided to do cross country sophomore and junior year. Now he is back playing football for his senior year and is loving it!





## **79** Shane hardenbrook $O_{\text{OL/LB}}$

Shane rejoined football after sitting out his junior year. What he missed was the team comradery, and physical challenges. Shane played catcher in baseball during his younger years, and didn't back down to contact. Now, as a senior, Shane is used wherever the coach needs him. Primarily, he's a linebacker and plays on Special Teams. Since his return to football, he has a



renewed interest in lifting weights, practicing with the team, and paying attention to the details of tackle football. Shane realizes that his senior year will possibly be the last time he's involved in organized football. He is doing his best to utilize his time on the field. Although his daily workouts have increased his strength and his weight, he is considered light for a linebacker. He makes up for this with his grit, a gift of speed, and ability to read plays. These functions enable him to get into the action, and make tackles. **19 CHARLIE HAWKINS** 



Each year Charlie played football, we thought it might be his last season. Four years later, Charlie has played ALL FOUR YEARS!! His teammates are a big reason why he returned each season. Charlie will never forget the win over Acalanes sophomore year - the fourth quarter comeback!! We love the football family and we love watching all these great boys play MATS football!!





## 64 ERIC HEILMANN

Eric loves football. He loves playing football and he LOVES watching football. His family admits that its not fun being on a fantasy football team with Eric. He knows too much about the game and is very competitive. He even refuses to help his mother pick players. However, his football knowledge comes in handy. His parents no longer pay him an allowance because he earns a lot



from Fantasy Football leagues. Eric also plays soccer. But sometimes, he gets confused on the field. He forgets that he is playing soccer and ends up tackling an opponent. Although he's regrettably broken a few of the opponent's bones, this lapse in memory has earned him awards of being defensive player of the year for soccer. Sports is a huge part of Eric's life. He's enjoyed being on the Miramonte Football team.

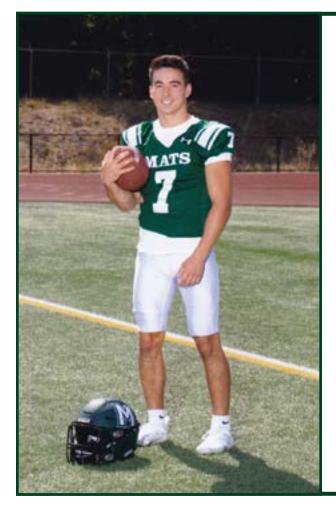




With just one year of MOL football under his belt before high school, Scott embarked on his four-year adventure into the wonderful world of Matador football. In those years, he has played cornerback, safety, and his current position as a receiver. In addition to the gridiron, he played baseball his freshman year, and ran track as a sophomore, just to work on his speed and condition-

ing for football. He loves the team camaraderie and the hard work involved in preparing for games, and will forever cherish all the friendships he has made with his teammates and coaches. Mats forever!!!





## TYLER LOWE

I first fell in love with football when I started playing Pop Warner football as a Walnut Creek Marauder in eighth grade with my buddies Zach Barker and Ben Schmiedt. I couldn't have asked for a better first year coach than Mr. Schmiedt and I have been playing ball since then. Besides running the ball and tackling, what I love most about tackle football is the camaraderie and brothership

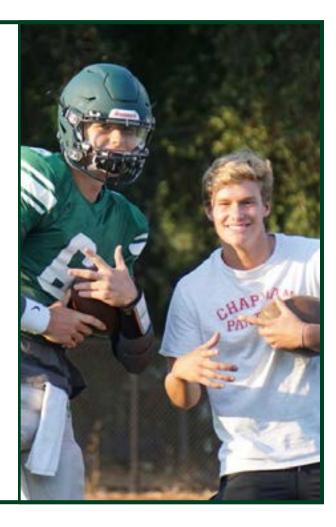


that builds among the guys you play with. The bond you build with the people you play with in football is greater than any other sport. In football, every man has a role and if you let up or make a mental error on just one play, you can seriously hurt not only yourself but your brothers. A strong bond and trust in the man that's standing next to you is essential to winning games. I have loved every minute that I have gotten to play football and all the friends and memories that I have made. I have learned lessons from football such as teamwork, discipline, and hard work. I will miss playing football and I wish the next year Varsity team good luck. GO MATS! CHARLIE MOLLAHAN



Charlie loved his MOL days since third grade and it quickly evolved right into freshman Football as a Mat! He was excited to be able to help out the team as a quarterback, he loved every play and got into great shape thanks to Coach Silviera. Charlie was excited to play for Coach Schram on Varsity. Unfortunately on the very first day of practice with pads, he went out

for a pass and broke his leg. The doctor said he would not make it back but Charlie has worked hard and is back to practice and will finally get to return to play against Campolindo. Better late than never! Thanks to all of the coaches for their support.





## NOAH NUSHI

Noah has always loved the game of football. He enjoyed playing both MOL and for The Marauders before high school. Mats Football will always be one of the highlights of Noah's time at Miramonte. The friendships and life lessons Noah learned will stay with him forever. #nush #matsbrotherhoodforever







Ben has been playing tackle football since he was 10 years old when we relented after years of begging us to sign him up with the Walnut Creek Marauders followed. The friendships and lessons learned through this game of football have served Ben well and has given him the work ethic and confidence to know he can achieve whatever he puts his mind to. We are incredibly proud of the young man he

has become, which is due in no small part to all the players, coaches, and parents who have been a part of his football life and beyond.

Thanks to his fanatical Dad, Ben has been a long-suffering Dolphins fan since birth and never misses a game. But don't hold that against him as he really had no choice. Ben's favorite Miramonte football memories are the great battles against Campolindo, in particular, the JV game where he intercepted his old Marauder teammate Grant Harper's pass late in a close rivalry game.





## **20** KEILAN STONE

Keilan began playing tackle football his freshman year here at Miramonte. He has played offense and defense all four years. During his senior year he was honored to be a Team Captain. He is glad to share this role with his teammates. Keilan has played basketball and baseball for the Matadors, yet football is his favorite. His most memorable moment was a 99-yard pick six

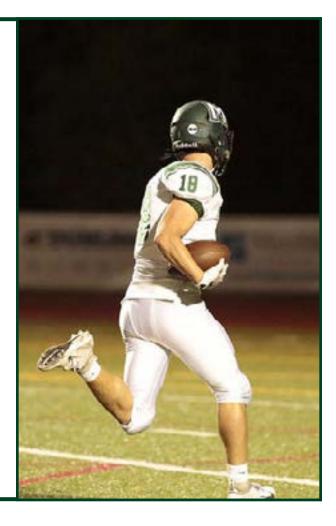


against Concord during his sophomore year. Keilan is looking forward to helping his team make it to the playoffs. Keilan is most grateful for the lifelong friendships he has made. So tonight we hope when you and your teammates run out onto the field you pause for a moment and look around, to see the Friday Night Lights, the cheerleaders cheering, the hometown crowd and look into the eyes of your teammates. Take it all in because when you're older and miss this amazing game you will be glad that you did. **18 MICHAEL SWINTON** 



Michael is proud to be a part of Miramonte Football. He got his start in football playing one year for the Marauders and then continued with three more years in flag football with MOL. This is Michael's third year on the Mats Football team and he plays DE and Special Teams. He had an amazing experience in the game against Northgate this year when he scooped up a fumbled ball and ran in for a touchdown. He was

thrilled to make this contribution to his team. In addition to football, Michael plays baseball for the Mats. Michael has thoroughly enjoyed being on the Mats Football Team and is grateful for the support of all his teammates.





## **24** HENRY VACAKIS

Henry started begging to play tackle football when he was in kindergarten and he saw his older brother playing two-hand touch on the fields at Wagner Ranch. He finally got his way when we moved to Tahoe in 2010. He played Pop Warner for the South Lake Tahoe Vikings all four years that we lived there as safety and running back winning the coveted Snowbowl for



our region and going on to almost win our State championship in 2012. He has played the same positions for the Matadors all four years and has loved almost every minute of it. Henry has always been the kind of player that gets up and keeps going. He has loved playing football and getting to know his coaches and teammates. It has been a great experience for the whole family!

## **2018 VARSITY TEAM**



## **2018 VARSITY SCHEDULE**

Date	Opponent	Location	Score
Friday, Aug. 17, 7:00 pm	DeAnza Dons	Miramonte HS, Orinda	<b>W</b> 32-20
Friday, Aug. 24, 7:30 pm	Hillsdale Fighting Knights	Hillsdale HS, San Mateo	<b>W</b> 38-6
Friday, Aug. 31, 7:00 pm	Las Lomas Knights	Las Lomas HS, Walnut Creek	<b>L</b> 13-41
Friday, Sept. 7, 7:00 pm	Brookside Christian Knights	Miramonte HS, Orinda	<b>W</b> 45-6
Friday, Sept. 14, 7:00 pm	San Lorenzo Rebels	Miramonte HS, Orinda	<b>W</b> 61-7
Friday, Sept. 28, 7:00 pm	Northgate Broncos	Northgate HS, Walnut Creek	<b>W</b> 54-0
Friday, Oct. 5, 7:00 pm	Alhambra Bulldogs	Alhambra HS, Martinez	<b>W</b> 41-9
Friday, Oct. 12, 7:00 pm	Clayton Ugly Eagles	Miramonte HS, Orinda	<b>L</b> 14-49
Friday, Oct. 19, 7:00 pm	Acalanes Dons	Acalanes HS, Lafayette	<b>W</b> 46-24
Friday, Oct. 26, 7:00 pm	Campolindo Cougars	Miramonte HS, Orinda	



## 2018 MIRAMONTE MATADOR VARSITY ROSTER

#	LAST	FIRST	YEAR	OFF	DEF
1	Nushi	Noah	SR	WR	DB
2	Mollahan	Charlie	SR	WR	DB
5	Meredith	Matt	JR	QB	LB
6	Zwahlen	Tanner	JR	WR	DB
7	Lowe	Tyler	SR	RB	LB
8	Callister	Reed	JR	WR	DB
9	McGrath	Miguel	JR	WR	DB
10	Schmiedt	Ben	SR	WR	LB
11	Vallee	Ray	JR	WR	DB
13	Fraser	AJ	JR	QB	FS
18	Swinton	Michael	SR	WR	DB
19	Hawkins	Charlie	SR	WR	DB
20	Stone	Keilan	SR	WR	DB
22	Soldis	Drake	JR	WR	DB
24	Vacakis	Henry	SR	RB	DB

#	LAST	FIRST	YEAR	OFF	DEF
30	Linney	Scott	SR	WR	DB
33	Barrons	Guy	SR	RB	DB
50	Barker	Zach	SR	OL	DL
51	Dakis	Jack	SR	OL	LB
52	McIntyre	Joe	JR	OL	DL
54	Hemming	Greg	SO	OL	DL
55	Alvarado	Justin	SR	OL	LB
64	Heilmann	Eric	SR	OL	DL
72	Turney	Sean	JR	OL	DL
74	Foutch	Stradley	SO	OL	DL
79	Hardenbrook	Shane	SR	OL	LB
85	Fishlow	Ethan	SR	WR	DE



## 2018 CAMPOLINDO COUGARS VARSITY ROSTER

#	LAST	FIRST	POS	YR
1	Curtiss	Rex	WR, DB	Jr.
2	Darr	Tyler	WR, DB	Jr.
3	Campo	John	FB, LB	Sr.
4	O'Neil	Ryan	WR, LB	Jr.
5	Campo	Luke	WR, K	Sr.
6	Maher	Braden	DB	Jr.
7	Manty	Brandon	RB, DE	Jr.
8	Mastrov	Mason	DE	Jr.
10	Fritch	Ryan	DB	Jr.
11	Westphal	Steffen	QB, DB	Sr.
12	Harper	Grant	QB	Jr.
13	Allen	Lucas	WR, DB, P	Sr.
14	Krznaric	Cooper	DB	Jr.
18	Nykodym	Marco	DB	Sr.
20	Donat	Brett	FB, LB	Sr.
21	Daugherty	Jack	DB	Jr.
23	Bocks	Justin	DB	Sr.
24	Antezana	Diego	K	Sr.
25	Axelrode	Jean-Luc	RB, DB	Jr.
26	Windatt	Will	OL, LB, DL	Jr.
27	Nelson	Kaleo	RB, LB	Sr.
30	Brewer	Michael	RB	Sr.
31	Breul	Riley	K	Sr.

#	LAST	FIRST	POS	YR
33	Thoms	Dillan	RB, DB	So.
34	Larson	Mateo	FB, LB	Sr.
36	Concepcion	lan	DB	Sr.
42	Raftis	Tommy	LB	Sr.
44	Schoenberger	Max	WR, DB	Sr.
45	Davis	Cooper	TE, DE	Sr.
48	Grausz	Dylan	LB	Sr.
52	Gunderson	Jeremy	OL, DL	Sr.
54	McNeil	Cole	OL, DL	Sr.
55	Hogan	Ben	LB	Sr.
58	Matai Bell	Jelani	DL, OL	So.
64	Crumbaugh	Jake	OL, DL	Jr.
65	Arth	Joe	OL, DL	Jr.
66	Gilibert	Dominic	LB	Sr.
70	Dougherty	Ryan	OL, DL	Sr.
72	Schnayer	Colby	OL, DL	Sr.
75	Cirelli	John	OL, DL	Sr.
77	Dow	Jonathan	OL, DL	Jr.
82	Wheeler	Jackson	WR, DE	Jr.
83	Craig	Charlie	TE, LB	Jr.
88	Lyon	Aidan		Sr.
99	Buckley	Paddo	TE, DE	Sr.

## FOOT 2018 MIRAMONTE MAT



1 NOAH NUSHI SENIOR WR/DB



2 CHARLIE MOLLAHAN SENIOR WR/DB



5 MATT MEREDITH JUNIOR QB/WB



6 TANNER ZWAHLEN JUNIOR WR/DB



7 TYLER LOWE SENIOR RB/LB



18 MICHAEL SWINTON SENIOR WR/DB



19 CHARLIE HAWKINS SENIOR WR/DB



SENIOR WR/DB



**22** DRAKE SOLDIS JUNIOR WR/DB



**24** HENRY VACAKIS SENIOR RB/DB



54 GREG HEMMING SOPHOMORE OL/DL



55 JUSTIN ALVARADO SENIOR OL/LB



64 ERIC HEILMANN SENIOR OL/DL



72 SEAN TURNEY JUNIOR OL/DL



74 STRADLEY FOUTCH SOPHOMORE OL/DL

# BALL ADORS VARSITY TEAM



B REED CALLISTER JUNIOR WR/DB



MIGUEL MCGRATH JUNIOR WR/DB



10 SENIOR WR/LB



11 RAY VALLEE JUNIOR WR/DB



13 AJ FRASER JUNIOR QB/FS



SCOTT LINNEY SENIOR WR/DB



**33** GUY BARRONS SENIOR RB/DB



**50 ZACH BARKER** SENIOR OL/DL



51 JACK DAKIS SENIOR OL/LB



52 JOE MCINTYRE JUNIOR OL/DL



79 SHANE HARDENBROOK SENIOR OL/LB



85 ETHAN FISHLOW SENIOR WR/DE



## **2018 VARSITY COACHING STAFF**



#### JACK SCHRAM HEAD COACH

Jack enters his eighth year as the Head Varsity Football Coach at Miramonte High School. He was a Varsity Assistant Coach at Miramonte from 2006-2010 working primarily with the offensive/defensive lines and was heavily involved in the offensive game plan. Last year Jack doubled as the Head Boys Golf coach at Miramonte. Prior to coming to Miramonte, Jack was the Head Varsity Football Coach at Encinal High School from 1990-2005. In 1988-89 he was the Varsity Line Coach and Head JV Coach. In addition to football, Jack also coached track, wrestling, and golf at Encinal. He has also coached baseball and basketball for middle school athletes. He has been involved with both the boys and girls Lacrosse program at Miramonte, helping the girls win their first NCS championship in 2015. Jack was a three-sport letterman in football, wrestling, and track at Alameda HS in Lakewood, Colorado. He was named to Colorado's All-State team on both offense (offensive guard) and defense (defensive tackle) and attended Arizona State University (ASU) on a full athletic scholarship where he graduated with BS in Computer Information Systems. Jack currently works full time for the Department of Veterans Affairs as an IT Supervisor in the Software Engineering Division for the Office of Information & Technology. He and his wife Debbie have two children, Griffin, 23, and Madison, 18. Griffin graduated from Miramonte High School in 2013 and was a team captain and all-league in both Football and Lacrosse and graduated this past spring from the University of Hawaii. Madison is a freshman at the University of Hawaii.



#### PRINCE SMALLS DEFENSIVE COORDINATOR

Prince Cedric Smalls is the Varsity Defensive Coordinator. Between youth, high school, and semi-pro football, he played a total of 11 seasons. Prince attended De Anza High School where he lettered for three years in both football and baseball. He has coached football for 18 years; three seasons at Hercules High School; one season at De Anza High School; and 14 seasons at Miramonte High School. This is his sixth year as a Defensive Coordinator at the Varsity level. "The thing I enjoy about coaching football is helping athletes reach their maximum abilities. Additionally, I really enjoy the competitive nature of the game." Smalls continues, "The thing I like best about coaching here at Miramonte is the community involvement. It is great to have parents, administrators, and the student body behind our football team." He grew up and currently lives in Richmond and has one son, Jaylen Smalls. He currently teaches Middle School Physical Education.

## **2018 VARSITY COACHING STAFF**



#### WILL GAINES WR/DB COACH

Will graduated from College Park High in 2005 and the University of Arizona in 2010. He played one season of semi-pro football for the Phoenix Outlaws and participated in volleyball, baseball, and cross country while at College Park. Will is currently pursuing a career in both personal training and in the sports administration industry.



#### JOEL CLARK OL COACH

Joel grew up in Berkeley where he played offensive guard on the Berkeley High football team and won first team all-league honors both Junior and Senior years. He graduated from UCSD but elected not to play football and concentrated on education. Joel is currently the top producing sales agent at Selectquote insurance services in San Francisco. Joel has coached offensive line for the last ten years for the Berkeley Cougars, Berkeley Bears, and the East Bay (Oakland) Warriors. Joel and his wife Edas have two children who have graduated from Miramonte: Dominique attends Villanova University playing water polo, and Xavier attends Colorado State University. Joel will enjoy his sixth year on the coaching staff and working with the Orinda kids that his brother Adam Clark was so passionate about and thoroughly enjoyed.



#### SEKAI GREER DB/RB COACH

Sekai attended OIS and is a 2001 graduate of Miramonte. He played college football for the University of Akron. Sekai coached at Monte Vista HS in Danville for seven years and has been with Miramonte for the last three years. Sekai is a fifth-grade teacher in Donald Rheem Elementary in Moraga. He married his 8th-grade girlfriend, who also attended Miramonte and is a teacher in Orinda. He has two boys, Jace, 8 and Cam, 6.



#### VINCE DELL'AQUILA OL COACH

Vince graduated from Cal Poly Pomona where he played football and baseball. He went on to play Minor League Baseball from 1976-1978 with the Rangers, Reds, and Dodgers. He coached football at Miramonte from 1991-2001. Vince then went on to coach football for Solano City College from 2002-2011 and Diablo Valley College in 2012. He returned to coaching Mats football in 2013. He also coached the Miramonte baseball team for 24 years taking them to six NCS titles. He was nominated State Coach of the Year and led the football team to five NCS titles as an assistant. Vince retired from teaching and his Athletic Director position at Miramonte in 2016.

## **2018 VARSITY COACHING STAFF**



#### BILLY ELLIS RB COACH

Coach Ellis is from San Francisco where he attended Lincoln HS and was a three-year starter. From there, Coach Ellis played at SFCC and Laney College in Oakland, CA. Coach Ellis began coaching Pop Warner football in San Francisco for the Jr 49ers then moved on to Washington HS in San Francisco as the JV Head Coach. Coach Ellis made his first move to the East Bay as the Head Coach for Concord HS. Since 2004, Coach Ellis has been the running back coach for Miramonte HS and was a part of the 2006 NCS/CIF East Bay Champs. Coach Ellis also coached at Los Lomas HS before reaching a personal coaching goal of being a college coach at Diablo Valley College for the past five seasons. Coach Ellis has coached some the best young running backs in the state, De La Salle's Joe Te'o, Los Lomas' Marquis Waters, Vallejo's Desmod Nisby, and Clayton Valley's Miles Harrison. Coach Ellis is a Registered Addiction Specialist and has worked in his field for 30 years. Coach Ellis and his wife, Kristina have two children (Deshana'e, Billy III) and three grandchildren (Nasir, Sylas and newborn Kali Taylor). Coach Ellis says "In short, football has helped shape the man I am today and passing on those life lesson through the game is a must for me (Go Mats!)."



#### ISAAC SAVAIINAEA LB COACH

Isaac was born and raised in Hawaii, where he graduated from Punahou High School and was an All American and the number three linebacker in the nation. He graduated with over 30 division scholarship offers and elected to attend UCLA, where he played four years as a linebacker on the football team. He now works at Orinda Fitness and this will be his second year coaching high school football.



#### JOE WINGERT QB COACH

This is Joe's 12th season coaching high school football. He spent nine years at Monte Vista High School and three seasons at Miramonte. Joe has won two NCS championships, one as a player and one as a coach. Joe and his wife own a home in Concord and have two dogs. Go Mats!



#### JOHN GRIGSBY TRAINER

As well as being Miramonte's on-site full-time Athletic Trainer, John teaches Sports Medicine at Miramonte. His students participate at athletic events, and you will see John and his student athletic trainers at every game: taping, icing, stretching, and taking care of our players. This will be John's 13th year at Miramonte and we're very fortunate to have him!

## VARSITY HIGHLIGHTS



#### MIRAMONTE 41 ALHAMBRA 9 FRIDAY, OCTOBER 5, 2018 MARTINEZ, CA

The Matadors maintained their season-strong form on Alhambra's turf last week, handily beating the Bulldog's 41-9. It didn't take long for the Matadors to get on the board in what turned out to be a highly productive first half. After the Matadors caused a three-and-out on the Bulldogs' opening drive, **Tyler Lowe** jumped on top of an errant long snap in the end zone for a TD.

QB **AJ Fraser** had a prolific night completing 13 of 21 passes for 263 yards and two TD's, not to mention rushing for 62 yards and two TD's. **Keilan Stone** hauled in two huge sideline bombs, one of which resulted in a 52-yard TD to put the Matadors up 13-0.

After ceding a TD to the Bulldogs, the Matadors came storming back with two quick touchdowns—a 24-yard reception by **Lowe**, followed by an onside kick recovered by **Scott Linney**, which set up a 32-yard TD run by **Fraser**. The Bulldogs answered with a safety near the end of the first half.



But the Matadors weren't finished. After a leaping **Stone** interception, the Matadors drove 75 yards in five plays, with **Fraser** scoring a on a spinning 1-yard TD run.

The second half started where the first half left off—with a 55-yard kickoff return by **Henry Vacakis**. Lowe covered the next 45 yards on consecutive runs to put the Matadors up 41-9, where the score remained the rest of the game.

The Matador offensive line deserves huge credit for protecting **Fraser** and forming gaping holes for the running backs. The defense was equally impressive, controlling the line and holding the Bulldogs to only one TD. **Ben Schmiedt** and **Lowe** led with 8 tackles a piece, **Vacakis** with 5, **Noah Nushi** with 4, and **Michael Swinton** with 3. **Ray Vallee** offered a kicking clinic, booting five PAT's.

## HOMECOMING 'PINK OUT' GAME







#### MIRAMONTE 14 | CLAYTON VALLEY 49 FRIDAY, OCTOBER 12, 2018 ORINDA, CA

The 63rd homecoming game opened with Miramonte and Clayton Valley each having a 6-1 record. While the Matadors came out on the field ready to play, the first quarter was dominated by the Ugly Eagles with three touchdowns.

The Matadors got on the board early in the second quarter after several short passes by **Matt Meredith** to **Reed Callister** capped off with a touchdown run by **Tyler Lowe**. The Eagles answered with an impressive 51-yard touchdown run of their own. Just before the half, the Eagles turned the ball over on downs which the Matadors took advantage of resulting in a 30-yard touchdown pass from **Meredith** to **Reed Callister** ending the half with Matadors 14 and Eagles 28.

The halftime festivities consisted of the **Miramonte Cheer Team** doing an impressive routine and the selection of Homecoming King and Queen while the student body participated in a pink powder toss in the stands for Breast Cancer Awareness Month!

The Ugly Eagles took control in the second half by scoring two touchdowns in the third quarter and one touchdown in the fourth while holding the Matadors scoreless. The Matadors defense was successful in stopping several runs and fought until the end, but the Eagles went home with the win, 14-49.









## VARSITY HIGHLIGHTS



#### MIRAMONTE 46 ACALANES 24 FRIDAY, OCTOBER 19, 2018 LAFAYETTE, CA

The Matadors traveled to take on the Dons in an important league game late in the season. The Dons found themselves in a must win situation to keep their playoff hopes alive.

Miramonte wasted no time, marching down the field on a 14-play opening drive capped off by a short TD throw from **Matt Meredith** to **Keilan Stone**. The Matador defense then came up big, forcing a fumble that led to a 34 yard TD pass to **Tyler Zwahlen** on the very next play. The defense stiffened once again by forcing a 3 and out to give the ball back to the offense, who scored on a **Henry Vacakis** run bringing the 1st quarter score to 19-0 Mats.

After turning the ball over on downs in their own territory, the Matadors gave up their first score on a short TD pass. Miramonte struck right back with a two play, 80-yard drive capped up with a 17-yard TD run by **Tyler Lowe**. The Dons responded in kind with a quick scoring drive of their own and the half ended with the Matadors on top 27-14.

The second

half was a wild, high scoring affair beginning with a long TD pass by the Dons to pull within one score, followed quickly by an 85-yard TD strike from **Meredith** to **Callister**. Miramonte then gave up a 95-yard TD pass to Acalanes, pulling them within five points once again. Not to be outdone, **Meredith** tossed another long TD pass, this time to **Scott Linney** for the score.





The Dons refused to quit though, scoring again and taking a five point deficit into the final quarter of the game, 39-34. Midway through the 4th, the Matador defense came up big by forcing a punt on a 13-yard sack by **Zach Barker**. The Matador offense then sealed the game on a 14-yard TD scamper by **Henry Vacakis** bringing the final score to 46-24 Matadors and downing the Dons playoff hopes in the process.

## **2018 JUNIOR VARSITY ROSTER**



PLAYER	YEAR	JERSEY #
Bath, Harmon	10	23
Berndt, Ethan	9	57
Bird Riley	9	75
Bowers, Michael	9	65
Brothers, Kai	10	17
Browne, Aidan	10	9
Brudzinski, Adam	9	12
Cardoza, Ben	10	78
Chinn, Benjamin	9	47
Cornett, Andreas	9	67
Dakis, Calvin	9	3
Doran, Jake	10	4
Foster, Joe	10	13
Frank, Donald	10	76
Gonzales, Joseph	9	35
Hernandez, Jacob	9	49
Joga, Ethan	10	28
Johansen, Erik	10	51

PLAYER	YEAR	JERSEY #
Keady, Emmit	10	8
Lewis, Jack	10	82
Mancheno, Lazarus	10	48
McCartt, Aidan	9	27
McCombe, Matthew	10	72
Miller, Nolan	9	25
Nestal, Bradley	9	14
Opdcke, Tyler	9	59
Patrick, James	9	66
Ricevuto, Anthony	9	7
Ross, Samuel	9	34
San Gabriel, Aidan	9	45
Simon, Fletcher	9	22
Simon, Hayden	10	15
Stone, Aiden	9	62
Straub, Roenigk	10	60
Swenson, Aidan	10	32
Wilday, Caleb	10	11

## **2018 JUNIOR VARSITY COACHING STAFF**





#### TIM SCHULTZ CO-HEAD COACH & OFFENSIVE COORDINATOR

Tim played football at Berkeley High and at Chabot Junior College. He graduated from San Jose State University. Tim recently retired after a 30-year career in law enforcement. This is Tim's third year coaching at Miramonte. Tim and his wife Kristie, live in Walnut Creek and have a daughter who is a freshman at Tulane University in New Orleans, Louisiana.



#### TIM SILVEIRA CO-HEAD COACH & SPECIAL TEAMS COORDINATOR

Tim Silveira was born and raised in Santa Clara, CA and graduated from Bellarmine College Prep. He earned his BA from Santa Clara University and his teaching credential from San Jose State University. Tim played football and baseball at both Bellarmine and SCU. This is his eleventh year coaching at Miramonte. Tim says, "Football demands time, commitment, and discipline. The time goes quickly. I love the enthusiasm, commitment, and sacrifice that most of the athletes make to football at Miramonte. I am very fortunate to be coaching at Miramonte. I enjoy the camaraderie with the coaches on my staff and the coaches in the football program". Tim is owner of a spirit wear business. He is the strength and conditioning coach for Miramonte during the school year. Tim is a USAW Level I certified Olympic Lifting Coach, Certified Speed and Agility Coach, and is completing certification as a Certified Strength and Conditioning Specialist with the NSCA. Tim has been happily married to his wife Anne, also a Santa Clara native, for 24 years. He has two daughters, Hannah, a Senior Nursing Student at the University of Kentucky, and Kathryn, who attends the University of Kentucky. He adds, "I am blessed to have an understanding family that lets me put this much time into coaching."

## **2018 JUNIOR VARSITY COACHING STAFF**



#### COLIN BROWN DEFENSIVE COORDINATOR

Colin grew up in Moraga, graduating from Campolindo in 2008, where he ran Track and Field, primarily in the 800m. He attended Diablo Valley College before transferring to UC Santa Cruz, earning a BA in Economics. After college, he started tutoring high school students across the entire Acalanes Union High School District, specializing in math and science. Tutoring Miramonte football players is what brought him in contact with the team and he is looking forward to his second year coaching at Miramonte.



#### WILL MARIN DEFENSE & OFFENSE LINES MHS Class of '06

At Miramonte Will played four years of football and wrestled for two years. He got to experience the state title in '03 and always strives to bring that success back to Miramonte. After graduating from Miramonte, Will went to the University of Oregon where he earned a BA in History and a minor in Cultural Anthropology. While in college, Will coached three years of OL/DL at South Eugene HS at various levels. After graduation, he moved back to California and took a position as the Varsity OL coach at Miramonte and won an NCS championship in 2013. After the 2014 season, he left to pursue a Master's in Sport and Athletic Administration through Gonzaga University and spent time working in the Cal Athletic Department with the Premium Sales team. Will currently lives in Martinez with his wife Christy, their one-year-old son Waylon, and dog Archie. Will works as the Operations Director at Marvac Scientific Manufacturing.



#### TJ DEUTZ WIDE RECEIVERS / DBS & KICKERS

TJ grew up in New Providence, NJ and played soccer at Franklin & Marshall College in Lancaster, PA. He moved to Orinda in 1997. One son, Griffin, was co-captain of Miramonte's soccer team in 2011 and his son Marshall was a Matador football co-captain in 2012. Marshall played wide receiver on the Cornell University Big Red football team and graduated in 2017.

TJ is happy to help the Miramonte Coaching staff and this will be his fourth year working with the JV team. He is married to Trudy Nicolay Deutz and has one more up and coming athlete—15 year old daughter, Spencer—left in the house!

## JUNIOR VARSITY HIGHLIGHTS

#### MIRAMONTE 17 | ALHAMBRA 40 FRIDAY, OCTOBER 5, 2018 MARTINEZ, CA

The Miramonte Matadors had an away conference game vs. the Alhambra Bulldogs. The Matadors posted their first loss of the season, 17-40 despite coming back strong and outscoring the Bulldogs in the second half of the game.

Alhambra came out fierce to start the game after returning Miramonte's kickoff and quickly marching down the field and reaching the end zone. They continued their dominance early after recovering a fumble and putting them on their own 29-yard line. The Matadors stood strong with a huge tackle and loss of yardage from Jack Lewis and a sack from Roenigk Straub. Scoring continued however, for Alhambra, with two additional rushing touchdowns, despite strong defensive play by Hayden Simon and Lazarus Mancheno.

Late in the 2nd quarter, after a fumble recovery by Kai Brothers and one of the longest runs of the half by Jake Doran, Caleb Wilday kicked a field goal putting 3 points on the board for the Matadors. Alhambra closed out the 3rd quarter with under a minute on the clock and a 50-yard rushing touchdown. At the half, 3 - 28.

After a grueling first half, the Matadors came out ready to fight back. Aidan Browne continued to battle for the end zone with strong support from Ethan Berndt, who had a standout performance and was a force to be reckoned with as the Matador center going toe-to-toe against the much larger opposition.

Early in the 3rd quarter, with help from a deflection from Matt McCombe, the Matadors

fought their way to within Alhambra's 20-yard line and Aidan Browne found **Bradley Nestal** for a touchdown. Heading into the 4th guarter, The Matador defense didn't let up with Ethan Joga and Bryan Graves fighting to stop the Bulldogs offense and coming up with a fumble recovery by Aidan San Gabriel. This led to a 2nd passing touchdown for Aidan Browne this time to Sam Ross. Caleb Wilday completed both PAT kicks.













## JUNIOR VARSITY HIGHLIGHTS



#### MIRAMONTE O | CLAYTON VALLEY 42 FRIDAY, OCTOBER 12, 2018 ORINDA, CA

If one were to look up the definition of "Homecoming" they would find "a return to one's home, arrival at home." By any definition this game resulted in an unwelcome return to home.

The Miramonte JV football game was far from this definition except for the location. It soon became evident that the Ugly Eagles were sitting pretty. They proved to be a dominant opponent. Although the opening kick-off to Clayton Valley was returned for a touchdown and negated by an illegal block-in-the-back penalty, the Ugly Eagles scored on all of their first half possessions and essentially put the game away as the half time score was recorded as 28-0.

The good news for the Matadors is that they showed grit in the second half by allowing only 14 unanswered points.

The Matador offense never got into their usual rhythm to sustain a viable offensive attack due to the defensive effort by Clayton Valley.

However, the schedule was circled on the calendar for this match-up with Clayton Valley and portends a growing effort by Miramonte to improve their efforts against Clayton Valley in the years to come.

The highlights of this game belong to Clayton Valley. But there were moments of hope by Miramonte as they included offensive potential by the unusual suspects beyond **Aidan Browne** and **Jake Doran**. **Benjamin Chinn**, **Joe Foster** and **Hayden Simon** were involved in material offensive gains to create 1st downs.

The tale of this story is that the Matadors created building blocks to compete with the power houses in their league for years to come. The Matadors look to build on this momentum to challenge their upcoming rivals, Acalanes and Campolindo to close out the 2018 campaign with a positive view towards next season.



## JUNIOR VARSITY HIGHLIGHTS

#### MIRAMONTE 17 | ACALANES 34 FRIDAY, OCTOBER 19, 2018 LAFAYETTE, CA

A warm autumnal sun welcomed the Matadors to the home of the Dons this past Friday. A blown whistle before the first play foretold what was about to unfold. It soon became clear that the Matadors had another opponent on the field: an over-exuberant crew of referees.

Although the Matadors were out-scored in the first half there were some bright spots. On the Dons' first possession **Jack Lewis** recorded a sack. There was also a terrific defensive effort by **Bryan Graves** to break up a long pass. Later in the drive deep in Matador territory a sack was recorded by **Aidan San Gabriel** which led to a Matador fumble recovery.

As the shadows lengthened in the 2nd quarter another sack was recorded this time by **Donald Frank** and **Matthew McCombe**.

The second half shade brought welcome relief to the Matador faithful as the sun settled behind the hills. The first scoring drive was marked by a 57-yard run by **Aidan Browne**.

This set up the Matadors' first TD on a nifty reverse pitch play and TD by Hayden Simon.

On the Matadors second possession of the second half **Nestal** collected a screen pass and darted through the Dons' defense and ran to the 41-yard line of the Dons. Earlier in the game **Nestal** also blocked a Dons' PAT attempt.

The improved offensive tempo of the Matadors was highlighted again on this drive by **Browne's** 34-yard rushing TD. **Caleb Wilday** converted the PAT and closed the gap, 28-14.

During the fourth quarter the Matadors scored on a trick play. On a 2nd and goal from the 1-yard line the Matadors showcased a creative play by shotgunning the ball to **Benjamin Chinn** who lobbed it over the offensive line into the waiting arms of **Samuel Ross**. However a penalty flag was tossed, again, as the Matadors seemingly committed an unsportsmanlike conduct penalty. The Matadors settled for a field goal by **Wilday**.

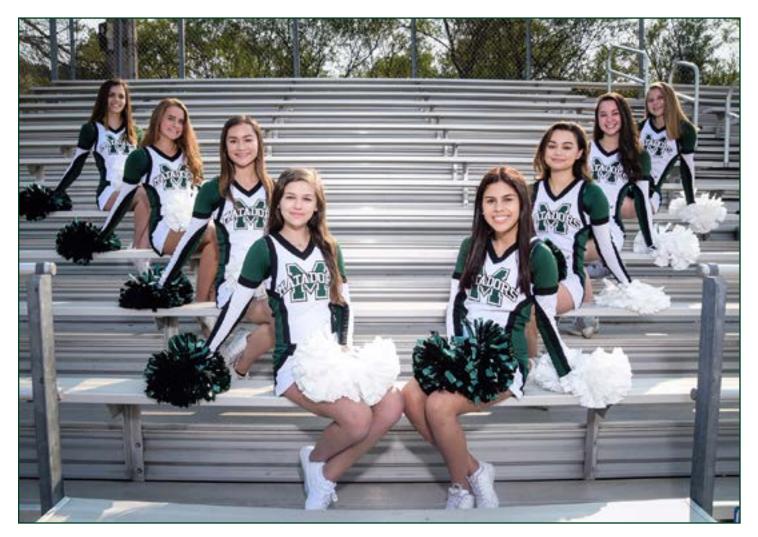
During post-game interviews an anonymous and shocked Matador player described the situation. According to the source, the referee declared "in high school football it is unsportsmanlike conduct to try and deceive the defense."







## **GRADUATING SENIORS**



## STEPHANIE FRIESE

Stephanie became interested in cheerleading as her older sister was a member of the Miramonte cheer team. She did gymnastics for six years until she transitioned to all star cheerleading. In her sophomore year she joined Miramonte spirit cheer team as well as the competition team. Her favorite moment of cheer was winning first place at USA nationals for the second year

in a row. She is excited to complete her final year of cheer as Captain of the team. Cheerleading has been a huge part of Stephanie's high school experience and is definitely what she will miss most from high school.





## JACQUI YUKE

Jacqui Yuke has been a Miramonte Cheerleader since she was a freshman, serving as JV and Varsity Co-Captain on the Sideline Squad, and winning three consecutive USA Spirit Nationals Championships on the Competitive Cheer team.

Jacqui started gymnastics when she was a toddler, and fell in love with stunting, tumbling, and per-



forming. She joined the Encore gymnastics show team when she was six and for seven years competed throughout the Bay Area, Sacramento, LA, San Diego, Texas and Florida.

She has loved cheering for Miramonte - making great memories and great friends.

#### CHARLOTTE BIANCARDI



Charlotte is from the East Coast & now calls California home. She has enjoyed three years of Cheer at Miramonte and in her spare time loves horseback riding, guitar, skiing, skateboarding & photography. Charlotte is excited about her next adventure.





#### **JESSIE ROBINSON**

This is Jessie's fourth year of spirit cheer, and second year of stunt. Jessie did gymnastics for seven years before joining the cheer team her freshman year. In addition to cheer, she ran track and tried tennis. Jessie loves cheer and is grateful for the memories she and her team mates have created.



#### **KRYSTAL INTERIANO**



This is Krystal Interiano's second year on Miramonte's Varsity Cheerleading team. Krystal loves to cheer, especially during basketball season. Through cheer, Krystal has made some amazing memories and friendships she will always cherish.





#### KYLA MEYER

This is Kyla's third year on the cheer team. Kyla also a pole vaulter for Miramonte. In her free time, she enjoys playing with her dogs, listening to music and hanging out with her friends. She also likes being at the beach, out on the boat and tanning poolside. Although she sad to leave Miramonte, she is excited for the next chapter of her life.



#### LINDSEY WALLACE



This is Lindsey's third year cheering for Miramonte and her second year on the Varsity team. She especially enjoys the spirit aspect of cheering at the football and basketball games. As a young girl Lindsey enjoyed dance and performing, so cheer was a perfect combination of her two passions. She has many fond memories with her team, but what she will

treasure most is the lasting friendships she has made. As she looks to the future she hopes to continue with cheer through college and use the leadership skills she has learned.





#### MADDIE ROBINSON

This is Maddie's fourth year on the Miramonte Spirit Cheer team, and she helped the competition team win three national titles. Maddie became interested in cheer after doing eight years of competitive gymnastics, and now she also participates in track and field. She loved cheering these last four years, and she's sad to see it end.



#### **MEGHAN FOUAD**



This is Meghan's third year on the Miramonte Cheer team. Her sophomore year she did spirit cheer and was on the JV competition team. That year she also represented Miramonte with her team at Nationals. Meghan has remained a proud Varsity cheerleader for junior and senior year cheering on the mats. She has enjoyed every moment and memory with her team and hopes to go on to cheer in college.





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Playing football for Miramonte reflects the true student/athlete and it teaches teamwork, strong work ethic, and the joy of winning, while creating life long friendships amongst the players.

#### Good Luck this Season... GO MATS!!

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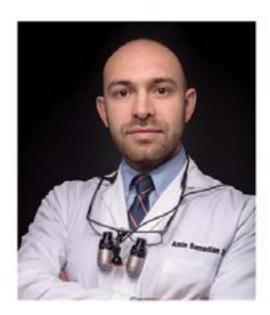
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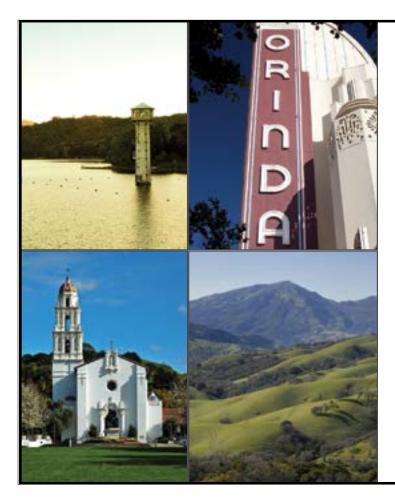
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### Good luck in the 2018 season! GO MATS!



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- Funding for important capital items like goals, benches, batting cages, scoreboards, timing systems, and the newly purchased sound systems on the field and inside the main gym.

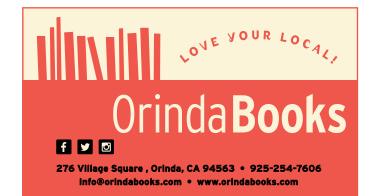
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